Research Article

Eremurus spectabilis Root Extract: Evaluating Different Extraction Methods and Antimicrobial and Antioxidant Characteristics

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Abstract

Background- The current study aims to explore the potential antimicrobial and antioxidant activities of *Eremurus spectabilis* (*E. spectabilis*) in 3 extract techniques.

Methods- Three methods were selected to extract *E. spectabilis*, aqueous extract, alcoholic extract, and hydroalcoholic extract. The extraction yield was obtained from 10 grams of *E. spectabilis* powder. The carbohydrate test was performed using the phenol sulfuric acid method. The Kjeldahl method was used in two replicates based on the AOAC 2550 standard to

determine the protein content. The concentration of phenolic compounds was measured by the Folin-Ciocalteu assay.

Results- Based on the results, *E. spectabilis* had 70.33 g/100g of carbohydrates and 7.1 g/100g proteins. The extraction percentages for the aqueous, alcoholic, and hydroalcoholic extracts of *E. spectabilis* were 50%, 10%, and 25%, respectively. The results showed that the aqueous extraction method was the most efficient. The total phenol amount for *E. spectabilis* aqueous extract was 150.04 mg/g. The antioxidant properties of *E. spectabilis* aqueous extract were equal to 50.71. All concentrations of aqueous extract did not have antimicrobial properties against *Staphylococcus aureus*, *Escherichia coli*, and *Pseudomonas aeruginosa*.

Conclusion- These findings underscore the need for further exploration, using different concentrations, and evaluating other pathogens.

Abbreviations

Eremurus spectabilis (*E. spectabilis*)

Escherichia coli (*E. coli)*

Introduction

Natural antimicrobial compounds have gained attention due to their compatibility with the body, lower toxicity, and fewer side effects [1, 2]. These compounds, often obtained from plant, animal, or microbial sources, prevent the growth and reproduction of pathogenic microorganisms by various mechanisms [3, 4]. Among these mechanisms, we can mention the destruction of the cell membrane, inhibiting the production of essential proteins, and disrupting the cellular metabolism [5, 6]. Meanwhile, synthetic and chemical antimicrobial compounds, although effective in some cases, are associated with problems such as increased microbial resistance, high toxicity for human cells, and environmental pollution [7]. The widespread use of these chemical compounds not only reduces the effectiveness of drugs over time but also causes irreparable side effects due to their accumulation in the human body and the environment [8, 9]. Therefore, natural antimicrobial compounds are valuable and important as a safer and more effective alternative to fight infections, especially when drug resistance has become a serious problem [10, 11].

As a perennial herbaceous plant native to Central Asia and parts of the Middle East, *E. spectabilis* is often referred to as either foxtail lily or desert candle [12]. The plant belongs to the family of Asphodelaceae and has been used for medical purposes for a long time. Various bioactive compounds, including glycosides, flavonoids, saponins, and other secondary metabolites, are present in *E. spectabilis* roots [13, 14]. Several of these compounds are highly potent antimicrobial and antioxidant compounds [15]. This makes the plant an ideal subject of study for potential therapeutic applications because of its significant antimicrobial and antioxidant properties [16, 17].

Since the emergence of antibiotic-resistant microorganisms in the past few decades, interest in natural antioxidants and antimicrobials has surged due to growing concerns about the side effects of synthetic compounds and the growing prevalence of side effects caused by synthetic

compounds [18-21]. A range of natural products, such as those derived from plants, offer an alternative to traditional medications since they are biocompatible, have a low level of toxicity, and are effective against a wide range of bacteria and viruses [22, 23]. The ethnobotanical and historical relevance of *E. spectabilis* makes it an attractive candidate for further study of its root extracts and investigations into its potential medicinal implications [24, 25].

Several extraction methods could be used to extract bioactive compounds from *E. spectabilis* roots; however, it is extremely significant that these methods are compared to determine the most effective [26]. Considerations such as the extraction yield, the compound's stability, the environmental impact, and operation efficiency are all critical [27]. A systematic evaluation of these methods will greatly help researchers optimize the extraction process, providing root extracts with the most effective antimicrobial and antioxidant properties.

It has been established that the antimicrobial properties of the roots of *E. spectabilis* are particularly important in dealing with bacteria that are resistant to antibiotics [28]. According to preliminary studies, these extracts may show significant activity against various bacterial and fungal pathogens, including those associated with *Candida albicans* [29, 30]. Additionally, the antioxidant properties of the extracts make them suitable for preventing diseases related to oxidative stress [31]. These diseases include cardiovascular diseases, neurodegenerative disorders, and some types of cancer due to their antioxidant properties.

Eremurus spectabilis is a promising source of natural antimicrobial and antioxidant agents [32]. Selecting an extraction method considering a plant's bioactive compounds is crucial to maximizing its potential. Therefore, the current study examines the potential antimicrobial and antioxidant activities of *E. spectabilis* extract.

Results

Chemical properties of *E. spectabilis*

Based on the results, *E. spectabilis* had 70.33 gr/100gr of carbohydrates and 7.1 gr/100gr proteins.

Extraction yield

The yield of extraction from *E. spectabilis* root by aqueous, alcoholic and hydroalcoholic solvents were shown in Fig. 1. The extraction yield for the aqueous, alcoholic, and hydroalcoholic extracts of *E. spectabilis* was 50%, 10%, and 25%, respectively (Table 1). The results showed that the aqueous extraction method was the most efficient.

TPC content

As it was shown in Table 1 the TPC content for *E. spectabilis* aqueous extract was 150.04 0.01mg/g.

Antioxidant properties

The RSC% of *E. spectabilis* aqueous extract was equal to 50.71% (Table 1).

Antimicrobial property

All concentrations of aqueous extract did not have antimicrobial properties against any of the tested microorganisms, and no growth inhibition halo was observed. The diameter of the non-growth inhibition halo of bacteria *Staphylococcus aureus* (ATCC:25923), *Escherichia coli* (NCTC:12900), and *Pseudomonas aeruginosa* (ATCC:27853) around the gentamicin antibiotic disc was 17, 16 and 20 mm, respectively.

Discussion

The results of the present study showed that the main component of *E. spectabilis* was carbohydrate, which amounts to 70.33 g/100g. Another important component was proteins with 7.1 g/100g. According to the current study, *E. spectabilis* is a good source of carbohydrates and proteins. The findings of this research correspond with those reported by Salehi et al. (2022) regarding the root gum of *E. spectabilis*. The researchers determined that the root gum powder of *Eremurus luteus* contained an average moisture content of 6.27% (w.b.), 4.17% (d.b.) ash, 6.22% (d.b.) protein, 86.45% (d.b.) carbohydrate, and 8.6% (d.b.) uronic acids [33]. In the present study, the highest extraction percentage was for the aqueous extract (50%), and the lowest was for the alcoholic extract (10%). Phenolic compounds in the aqueous extract of *E. spectabilis* were 150.04 0.01mg/g. A recent study reported that *E. spectabilis* extracted by methanol, ethanol, and aqueous media has a total phenolic content in the range of 31.7-92.15 mg GAE/g and antioxidant activity in the range of 72.01-81.21 mg AAE/g [16].

In addition to flavonoids, phenolic compounds, and saponins, *E. spectabilis* extract has many medicinal properties [12]. A powerful antioxidant is vital to fighting free radicals, which prevents cells from being damaged. A high phenol composition gives *E. spectabilis* extracts a strong antioxidant activity [34]. In addition to helping prevent chronic diseases, such as cancer, arthritis, and cardiomyopathies, antioxidant activity may also help treat neurological disorders [23, 24, 35].

It is also noteworthy that *E. spectabilis* extract possesses antimicrobial properties that are important for combating various pathogenic microorganisms. Bircan and Kırbağ (2015) reported that a zone of inhibition was seen on *S. aureus*: 12mm, *E. coli*: 14mm, *C. albicans*: 9mm, and E. sp, when *E. spectabilis* extract was used [15]. In contrast, Karaman et al. (2011) revealed that the 1% concentrations of methanol, ethanol, and aqueous extracts of *E. spectabilis* showed no inhibitive effect on *Yersinia enterocolitica,* and *Pseudomonas aeruginosa* [16]. The

Eremurus extract has been shown to work as a natural alternative to synthetic antibiotics by exerting inhibitory effects against various bacteria and fungi, and this suggests that *E. spectabilis* may be a valuable alternative in the future [18]. Considering that antibiotic resistance is on the rise, alternative treatments have become more and more necessary, especially in light of the increasing need for alternative treatments. It has been shown that using extracts of *E. spectabilis* could be beneficial to animals in a variety of ways, including the prevention of infections and the reduction of oxidative stress-related conditions. Compared to traditional drugs, herbal drugs are considered safer alternatives that have fewer side effects due to the natural origin of their ingredients and the bioactive components that are found in them [36]. The benefits that will be gained by the use of *E. spectabilis* are not only going to be on the human side but also on the animal side in terms of enhancing health.

Studies have shown that the main volatile components of the *E. spectabilis* root are carone (terpenoid), carvacrol (monoterpenoid phenolic compound), pentane, 2-methyl (E) caryophyllene (natural bicyclic sesquiterpene), valencene, cadalene and acetic acid. It contributes to the antioxidant and antibacterial activity in the *E. spectabilis* root as a defense mechanism against insects, fungi, and other environmental stresses. On the other hand, glucomannans are water-soluble bioactive polysaccharides that are present in the root of *E. spectabilis* and contribute to antioxidant activity [37].

Gram-negative organisms are generally believed to be less sensitive to antimicrobial components due to the outer lipopolysaccharide membrane surrounding their cell wall, which provides surface hydrophilicity, thus preventing access to antimicrobial components of a predominantly hydrophobic nature. In the current study, the aqueous extract of *E. spectabilis* in the concentrations used did not have antimicrobial properties against any of the tested microorganisms. However, Tuzko et al. (2017) concluded that *E. spectabilis* has antimicrobial activity against Gram-negative (*E. coli*) and Gram-positive (*B. subtilis*) organisms [17]. Its

antimicrobial activity can be attributed to phenolic compounds, essential oils, and volatile components. It has been reported that n-octane and n-decane, the main components of *E. spectabilis* essential oil, are responsible for the antimicrobial activity due to their hydrophobic nature. Kanani and Mohammadi Sani (2015) showed that the roots of *E. spectabilis* can prevent the growth of Gram-positive and Gram-negative bacteria [38].

Tuzcu et al. (2017) examined the antioxidant properties, antimicrobial effects, anticancer properties, and apoptotic and anticancer properties of aqueous and organic extracts from *E. spectabilis* leaves and roots [17]. In this study, the Folin-Ciocalteu method was used to assess the total content of phenols in these extracts and revealed that the extracts possess significant antioxidant potential. In addition, DPPH radical scavenging assays and lipid peroxidation assays were conducted as further assessments, demonstrating this plant's potent free radical neutralizing properties. In addition, it was also assessed the antimicrobial efficacy of 500µg/ml of extracts of *E. spectabilis* through disk diffusion revealed that the extracts were effective against *Listeria monocytogenes*, *Saccharomyces cerevisiae*, *Staphylococcus aureus*, and *Escherichia coli*. However, in our study, 100 µg/ml concentrations were used. Among the different extracts, the acetone extract of leaves exhibited the highest phenolic and flavonoid content. It also had an antioxidant activity measured at 3703.25µg ascorbic acid/g dry weight. According to these findings, *E. spectabilis* is a promising natural resource that can be utilized to develop new therapeutic agents for both veterinary and medical uses.

Some limitations have been identified in the present study that examines the antimicrobial and antioxidant potential of *E. spectabilis* extract. Depending on the concentration of the extract used in the study, it may not have had sufficient antimicrobial effects due to its low concentration. The extract may have stronger antimicrobial properties at higher concentrations, which would make it possible for it to have a greater effect at higher levels. To find out the optimal dosage of extract for effectively inhibiting microorganisms, further research needs to

be conducted using a variety of concentrations of extract. Further, the study also tested the extract against a limited range of microorganisms to determine its effectiveness. In order to better understand the extract's antimicrobial properties, it is important to increase the spectrum of microorganisms tested. This would enable us to understand the extract's antimicrobial properties. By extending these tests to a broader range of pathogens, we might be able to identify different types of microbes that are more susceptible to *E. spectabilis*' bioactive compounds.

Even though the current study has some limitations, its results open up a wide range of interesting areas for future research. *Eremurus spectabilis* extract has synergistic effects when combined with other natural antimicrobial agents. In this way, multiple extracts can be used in conjunction to produce more powerful antimicrobial and antioxidant effects resulting from their combined bioactive properties.

The aqueous extract of *E. spectabilis*, despite promising bioactive properties, failed to show any antimicrobial activity against certain bacteria. As a result of these findings, it is clear that the extract, in its current form and concentration, is not effective at inhibiting microbial growth. Exploring different extraction methods, higher concentrations, or combining different antimicrobial agents would be beneficial. This will enable us to fully comprehend the potential of *E. spectabilis* in the future. Furthermore, a full investigation must be conducted into the antioxidant properties of the material.

Materials and Methods

Materials

The roots of *E. spectabilis* were collected from the heights of the Binaloud mountain range (Razavi Khorasan, Iran) and were washed with water for deflowering and soil removal. Then, they were dried on a cotton cloth in the shade and powdered in a semi-industrial mill. After that, using a sieve with a mesh size of 100, the powders were sieved and made the same size. The resulting powder was kept in a cool place and away from sunlight until use.

DPPH, ethanol, and other chemicals, including culture media, were obtained from Merck. Bacteria strains *Staphylococcus aureus* (ATCC:25923), *Escherichia coli* (NCTC:12900), and *Pseudomonas aeruginosa* (ATCC:27853) were obtained from the food hygiene department (Faculty of Veterinary Medicine, Ferdowsi University of Mashhad).

Extraction techniques

Three methods were used to extract *E. spectabilis* gum. In the aqueous extract method, 3% W/V suspension was prepared and homogenized on a magnetic stirrer for one hour. The suspension was heated in a bain-marie at 80-95°C for 15 minutes and smoothed with a linen cloth to further dissolve. A centrifuge operating at 4500 g (Universal PRP-Iran) was employed at a temperature of 20°C for a duration of 10 minutes to achieve the purification of the extract. The extract obtained at the conclusion of the extraction process was subjected to drying in a fan-assisted oven at a temperature of 40°C. Subsequently, it was ground and filtered through a 100-mesh sieve [39].

An ethanolic extract was prepared by mixing 10 grams of *E. spectabilis* root powder with 150 ml of ethanol and stirring in a magnetic stirrer at 150 rpm for two hours at room temperature (6). The resulting mixture was macerated at room temperature for 24 hours and filtered with a 100-mesh sieve. The resulting solution was dried under a low-pressure evaporator at 4°C and kept in the dark.

In the third method, a hydroalcoholic extract was prepared using 10 grams of the *E. spectabilis* root powder mixed with 150 ml of the ethanol-water mixture in a ratio of 50:50. The rest of the steps were carried out according to the second method, and the hydroalcoholic extract of *E. spectabilis* was prepared [17].

Extraction yield

The extraction yield was obtained from 10 grams of *E. spectabilis* powder. First, the plate for drying the extract solution was weighed, and the weight difference between the empty plate and the plate containing the dried extract was calculated in all three samples.

***Eremurus spectabilis* properties**

Color

To determine the color, 0.1 g of three aqueous, alcoholic, and hydroalcoholic extracts were dissolved in 6 ml of distilled water, and the absorbance of the sample was measured at 420nm [40, 41] with a spectrophotometer (UV-VIS single beam spectrophotometer, UNICO, USA).

Total carbohydrates

The carbohydrate test was performed using the phenol sulfuric acid method. 2 ml of carbohydrate solution was mixed with 1 ml of 5% phenol aqueous solution in a test tube. After that, 5 ml of concentrated sulfuric acid was quickly added to the mixture. The mixture was set for 20 minutes in a water bath at 30°C. Afterward, the absorption at 490 nm was recorded with a spectrophotometer. In the end, fructose was used as a standard, and the amount of total sugar was determined based on the absorption standard curve of similar solutions [42].

Protein amount

The Kjeldahl method was used in two replicates based on the AOAC 2550 standard to determine the protein content [43].

Total Phenolic compounds (TPC) content

The concentration of phenolic compounds with potential antioxidant activities can be measured by the Folin-Ciocalteu assay and expressed in gallic acid. 0.5 ml of the extract (25 ml/250 g) was mixed with 2.5 ml of 10% Folin-Ciocalteu and stirred for 5 minutes. Then, 2 ml of 5% sodium carbonate solution was added to it and kept for 30 minutes in a dark place at room temperature. The absorbance of the samples was measured at 760 nm by a spectrophotometer. The TPC content in the extract was measured and reported using a standard curve based on micrograms of gallic acid per gram of extract [44].

Antioxidant property

The DPPH radical scavenging method was used to evaluate the antioxidant activity [45]. 500 microliters of the extract were mixed with 4 moles of a methanolic solution of DPPH 0.08 mmol/L and placed in a bain-marie at 30°C for 30 minutes. The absorbance of the sample was measured at 517 nm. Radical scavenging capacity (RSC) was determined using the equation 1

$$RSC\ (\%) = (A_{blank} - A_{sample}/A_{blank}) \times 100 \quad (1)$$

Antimicrobial properties

Mueller Hinton agar culture medium was used to investigate the antibacterial properties of the aqueous extract of *E. spectabilis* using the disc diffusion method. In this method, from the 24-hour culture of the bacterial strains *Staphylococcus aureus* (ATCC:25923), *Escherichia coli* (NCTC:12900), and *Pseudomonas aeruginosa* (ATCC:27853) in Mueller Hinton's agar medium, the turbidity liquid equivalent to 0.5 McFarland (1.5×10^8 CFU/ml) was prepared. After dilution, a suspension with a concentration of 1×10^4 CFU/ml was obtained and cultured in Mueller Hinton agar and placed at a certain distance from each other and the edge of the plate on the agar medium. 100 µl of 30, 40, and 50% extract concentrations in dimethyl sulfoxide solution were added to the discs and incubated at 37°C. Sterile distilled water was used as a negative control, and gentamicin antibiotic disc was used as a positive control. After 24 hours of incubation, the diameter of the halo (Fig. 2) was determined [46].

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Figure captions

Fig. 1. Extraction yield of *E. spectabilis* root extracts by different solvents

Fig. 2. The measurement of the diameter of the zone of growth inhibition for the microorganisms *Staphylococcus* aureus and *Pseudomonas aeruginosa*.

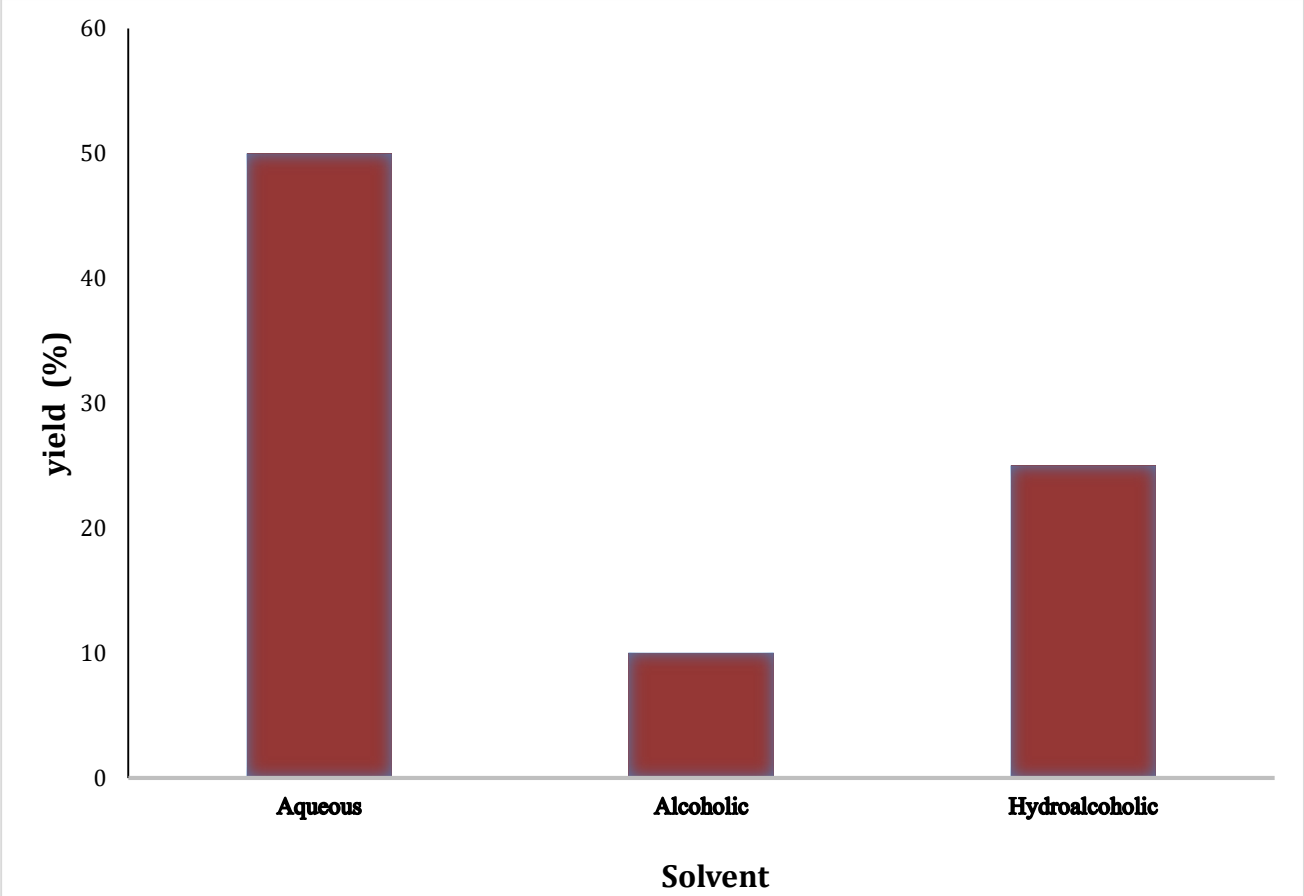

Figure 1

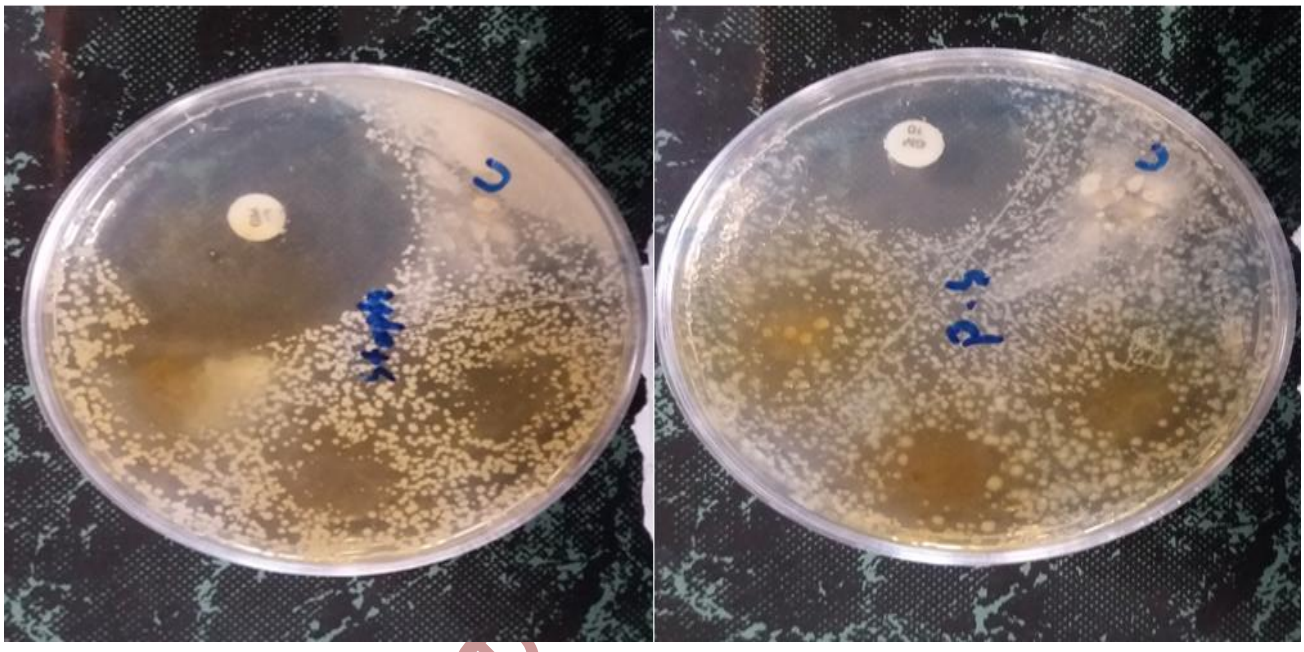

Figure 2

Table 1. Chemical properties of *E. spectabilis* root extracts by different methods.

Extraction method	**Extraction yield**	**TPC (mg/g)**	**RSC (%)**
Aqueous	50	150.04	50.71
Alcoholic	10	-	-
Hydroalcoholic	25	-	-

عصاره ریشه *Eremurus spectabilis*: ارزیابی روش های مختلف استخراج و ویژگی های ضد میکروبی و آنتی اکسیدانی

خلاصه

مقدمه- مطالعه حاضر با هدف بررسی فعالیت های ضد میکروبی و آنتی اکسیدانی بالقوه *Eremurus spectabilis* (*E. spectabilis*) در 3 تکنیک عصاره می باشد.

روش کار- سه روش برای استخراج *E. spectabilis*، عصاره آبی، عصاره الکلی و عصاره هیدروالکلی انتخاب شد. بازده استخراج از 10 گرم پودر *E. spectabilis* به دست آمد. آزمایش کربوهیدرات با استفاده از روش فنل سولفوریک اسید انجام شد. برای تعیین میزان پروتئین از روش Kjeldahl بر اساس استاندارد AOAC 2550 در دو تکرار استفاده شد. غلظت ترکیبات فنلی با استفاده از روش Folin-Ciocalteu اندازه گیری شد.

یافته‌ها- بر اساس نتایج، *E. spectabilis* دارای 70.33 گرم در 100 گرم کربوهیدرات و 7.1 گرم در 100 گرم پروتئین بود. درصد استخراج عصاره های آبی، الکلی و هیدروالکلی *E. spectabilis* به ترتیب 50، 10 و 25 درصد بود. نتایج نشان داد که روش استخراج آبی کارآمدترین است. مقدار کل فنل عصاره آبی *E. spectabilis* 01/0 mg/g 04/150بود. خواص آنتی اکسیدانی عصاره آبی *E. spectabilis* برابر با 50/71 بود. تمام غلظت‌های عصاره آبی خاصیت ضد میکروبی در برابر باکتری‌های مورد آزمایش نداشت.

نتیجه‌گیری- این یافته‌ها نیاز به اکتشاف بیشتر، استفاده از غلظت‌های مختلف و ارزیابی سایر عوامل بیماری‌زا را نشان می‌دهد.

کلمات کلیدی: ضد میکروبی؛ آنتی اکسیدان؛ *Eremurus spectabilis*، استخراج هیدروالکی; استخراج الکلی